

Stay Cool by the Pool

Open from May to September, we have 23 outdoor pools, including 2 mini WaterParks for your enjoyment. Each outdoor aquatic facility has lounge chairs, umbrellas, a grassy area, wading pools and showers. Other amenities which vary from pool to pool, include: sand volleyball, half-court basketball, beach entries, spas, snack bars, covered picnic tables, water slides and play features.

Steven's Forest and Swansfield pools are heated for your comfort. Find additional information at ColumbiaPools.org.

* Most pools are closed one day/week. See next page for closure schedule, Adult Only/Early Bird/Senior Swim/Wading Pool schedules and pool abbreviations.

May 29-Jun 23* *Subject to change based on Ho Co school schedule.*

****Please Note** new opening schedules for the pools to allow for better swimming opportunities at the open pools and better CNSL practices at the closed pools M-F.

SF, SW **Mon-Sun** 12-7pm

No closed days until schools out

BW, CF, DI, DH, HW, **Mon-Fri** 3:30-7pm & **Sat-Sun** 12-7pm

KR, PL, RH

No closed days until schools out

****CC, DG, FR, HA, HG, HU,** **Sat-Sun** 12-7pm

JH, LP, LF, MC, RB, TS, TH

Closed for special programming Mon-Fri

DH and RH *Open at 1pm on the last 3 days of school*

All pools will be open Memorial Day • Monday, May 31 • 12-7pm.

Jun 24-Aug 15 *Subject to change based on Ho Co school schedule.*

DI, DH, HA **Mon-Sat*** 12-8:45pm & **Sun** 10:30am-7:30pm

KR, RH

CF, HW **Mon-Fri*** 12-8:30pm

Sat 10:30am-8:30pm

Sun 11am-7:30pm

DG, SW **Mon-Sat*** 12-8:30pm

Sun 11am-7:30pm

CC, FR, JH, LF **Mon-Sat*** 12-8pm & **Sun** 12-7pm

MC, PL, RB, SF,

TS, TH

BW **Mon-Thu*** 12-8pm

Fri 12-7pm

Sat 12-8pm

Sun 12-7pm

HU **Mon-Fri*** 12-8pm

Sat 12-7pm

Sun 12-7pm

HG **Mon, Fri, Sat** 11am- 8pm

Tue, Thu, Sun 11am-7pm

LP **Mon, Wed** 10:30am-7pm

Tue, Thu, Sat 10:30am-8pm

Sun 11am-7pm

All pools will close Sunday, July 4 at 7pm

Aug 16-Aug 29

DH, DI, KR, RH **Mon-Sat*** 12-8pm & **Sun** 11am-7pm

CF, DG, FR, HA, **Mon-Sat*** 12-7:30pm & **Sun** 12-7pm

HW, LF, MC, SF,

SW, TH, RB

JH **Mon-Fri*** 10:30am-7pm

Sat 12-7:30pm

Sun 12-7pm

BW, CF, HG, LP **Closed for the season**

MC, PL, TS

Aug 30-Sep 6

SW **Mon-Sun** 12-7pm *No closed day*

Labor Day 12-7pm

DH, HW, KR, RH **Mon-Thu** 3:30-6:30pm

Fri 1-6:30pm

Sat-Sun 12-6:30pm

Labor Day 12-6pm

DI, HA, SF, TH **Mon-Thu** **Closed**

Fri 1-6:30pm

Sat-Sun 12-6:30pm

Labor Day 12-6pm

BW, CF, CC, DG, **Closed for the season**

FR, HG, HU, JH,

LP, LF, MC,

PL, RB, TS

Sep 11-12

SF, SW **Sat-Sun** 12-6pm

All other pools **Closed for the season**

Daily Admission *CA Residents must bring Resident Cards*

	Adult (16 years and older)	Child (15 years and under)
Mbrs	Free	Free
CA Resident Non-Mbrs w/card	\$8	\$5
Non-CA Resident Non-Mbrs	\$20	\$15

Adult Only Hours Wading Pool Closed
June 25-August 14 Mbrs, FREE • CA Resident Non-Mbrs, \$8

Bryant Woods (BW)Fri7-10pm
Huntington (HU)Sat7-10pm

Senior Swim Wading Pool Closed
June 25-August 13 Mbrs, FREE • CA Resident Non-Mbrs, \$8

Dasher Green (DG)Tue12-3pm, ends Aug 10
Hobbit's Glen (HG)Wed12-3pm, ends Aug 11
Locust Park (LP)Fri10:30am-1pm, ends Aug 13

Morning Wading Pool Hours
June 24-August 13

DI, DH, HA, HW, KR, RHMon-Fri	...10am-12pm, except on closed day
SFMon-Fri	...11am-12pm, except on closed day

Early Bird Lap Swim Wading Pool Closed
June 25-August 13 Mbrs, FREE • CA Resident Non-Mbrs, \$8

Locust Park (LP)M/W/F7-9am
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The Masters Swim Team practices from 5:30-7am.

All schedules are subject to change based on Howard County school release schedule.

Inclement Weather Guidelines

Normal Operations Sunny summer days. Pools open as usual.

Limited Operations When it's cold and dreary with light rain or thunder showers predicted. The following pools will remain open (except on their closed days) Dorsey Hall, Hopewell, Kendall Ridge, River Hill, Steven's Forest and Swansfield.

Inclement Operations Rainy, inclement days, Steven's Forest and Swansfield remain open (unless very inclement or on their closed day). All other pools are closed. *Please call 410-715-3154 for weather related operations and updates.*

Outdoor Pool Listings Closed Day Last Day

Bryant Woods (BW)410-730-5326Tuesday	Aug 15
Clary's Forest (CF)*410-964-0805Monday	Aug 15
Clemens Crossing (CC)410-997-4214Tuesday	Aug 29
Dasher Green (DG)*410-381-1461Tuesday	Aug 29
Dickinson (DI)*410-381-3080Thursday	Sep 6
Dorsey Hall (DH)*410-461-1481—	Sep 6
Faulkner Ridge (FR)410-730-5292Wednesday	Aug 29
Hawthorn (HA)*410-730-0943Wednesday	Sep 6
Hobbit's Glen (HG)410-730-6770Wednesday	Aug 15
Hopewell (HW)410-381-1460Wednesday	Sep 6
Huntington (HU)*301-490-3310Monday	Aug 29
Jeffers Hill (JH)410-730-1220Thursday	Aug 29
Kendall Ridge (KR)*410-715-3074Tuesday	Sep 6
Locust Park (LP)410-730-5621Friday	Aug 15
Longfellow (LF)410-730-4978Monday	Aug 29
Macgill's Common (MC)410-730-5995Tuesday	Aug 15
Phelps Luck (PL)410-730-5765Wednesday	Aug 15
River Hill (RH)*410-531-0191—	Sep 6
Running Brook (RB)410-730-5293Thursday	Aug 29
Steven's Forest (SF)410-730-5452Monday	Sep 12
Swansfield (SW)410-730-3180Thursday	Sep 12
Talbott Springs (TS)410-730-5421Wednesday	Aug 15
Thunder Hill (TH)410-730-5563Tuesday	Sep 6

Aquatics Office410-312-6332

9450 Gerwig Lane, Columbia, MD 21046
 email: aquatics@columbiaassociation.com
ColumbiaPools.org

* Special provisions for handicap access. Call the Aquatics Office for information.

Second Sunday Swim

CA residents* will be offered the opportunity to visit CA's 23 outdoor pools for free three days this summer on the second Sunday of each month (June 13, July 11 and August 8).

*** Residents must have a CA Resident Card to enjoy "Second Sunday Swim".**

CA Resident Cards can be obtained at the Welcome Center, located at CA Headquarters, 10221 Wincopin Circle at no cost. Address verification in the form of a driver's license or imprinted personal check and dependent children's birth certificates are required to obtain the free CA Resident Card. *For more information, please call 410-730-1801.*

athletic club hot water therapy/recreational pool **swim**

Effective Jun 24, 2010. Summer shutdown Aug 16-29. Schedules may change on the first day of each month. Visit facilities or go to **ColumbiaPools.org**.

The water temperature of this salt-water pool is kept between 90-92 degrees. The pool is scheduled for adult only (14 and older) use with exceptions for physical/ aquatic therapy sessions. Lap or recreational swimming is not allowed during class time. Schedules around group fitness classes may be altered by 5 minutes to allow staff time to set up the pool.

*** Ai Chi class is for Package Plan Plus Members Only.**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am							
7:30 am							
8:00 am						POOL OPENS	POOL OPENS
8:30 am	POOL OPENS AT 7AM	POOL OPENS AT 7AM	POOL OPENS AT 7AM	POOL OPENS AT 7AM	POOL OPENS AT 7AM	AT 7AM	AT 7AM
9:00 am							
9:30 am							
10:00 am	Open	Arthritis 9:30-10:15am		Arthritis 9:30-10:15am	Arthritis Plus 9:30-10:15am		
10:30 am						Arthritis Plus 10-10:45am	Ai Chi* 10-10:45am
11:00 am		Open		Open			
11:30 am	Arthritis 11-11:45am		Arthritis Plus 11-11:45am		Arthritis 11-11:45am		
Noon							
12:30 pm							
1:00 pm		Arthritis Plus 12:30-1:15pm		Arthritis Plus 12:30-1:15pm			
1:30 pm					Open	Open	Open
2:00 pm							
2:30 pm	Open	Open	Open				
3:00 pm							
3:30 pm							
4:00 pm							
4:30 pm							
5:00 pm							
5:30 pm							
6:00 pm							
6:30 pm						POOL CLOSES	POOL CLOSES
7:00 pm	Arthritis 6:45-7:30pm		Arthritis 6:45-7:30pm			AT 5PM	AT 5PM
7:30 pm							
8:00 pm							
8:30 pm	POOL CLOSES	POOL CLOSES	POOL CLOSES	POOL CLOSES	POOL CLOSES		
9:00 pm							
9:30 pm	AT 8PM	AT 8PM	AT 8PM	AT 8PM	AT 8PM		
10:00 pm							

swim columbia gym

Effective Jun 24, 2010. Summer Shutdown Jun 7-13. **Note** Schedules may change on the first day of each month. Visit facilities or go to **ColumbiaPools.org** and click on Classes for updated schedules. Beach entry and cove open whenever pool is open. Pool closes at 5pm on Sundays. ***No lap swimming during Water Aerobics or Lesson only times.** Schedule subject to change, call 410-531-0800 for details. Schedules around group fitness classes, may be altered by 5 minutes to allow staff time to set up the pool. Aerobic classes are 55 minutes. For your health, children under the age of 3 are required to wear swim diapers.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 am	Laps 5:30-9:30am	Laps 5:30-9:30am	Laps 5:30-9:30am	Laps 5:30-9:30am	Laps 5:30-9:30am	Closed	Closed
6:00 am							
6:30am							
7:00am							
7:30am							
8:00am	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Lap Swim 7-9am	Lap Swim 7-11am
8:30am							
9:00am							
9:30am							
10:00 am							
10:30 am	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps, Rec Swim and Camps 9:30am-3:30pm	Laps and Rec Swim 9am-7pm	Laps and Rec Swim 11am-5pm
11:00am							
11:30am							
Noon							
12:30pm							
1:00pm	Laps, Rec Swim 3:30-5pm	Laps, Rec Swim 3:30-5pm	Laps, Rec Swim 3:30-5pm	Laps, Rec Swim 3:30-5pm	Laps, Rec Swim 3:30-5pm	Laps only 5-6:30pm	Pool Closes at 5pm
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm	*Lessons Only 6:30-8:30pm	Laps and Rec Swim 6:30-10pm	*Lessons Only 6:30-8:30pm	*Aqua Fitness 6:30-7:25pm	Laps and Rec Swim 6:30-9pm	Pool Closes at 7pm	
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm	Laps and Rec Swim 8:30-10pm	Laps and Rec Swim 8:30-10pm	Laps, Rec Swim 7:30-10pm	Pool Closes at 9pm			
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm	Laps and Rec Swim 8:30-10pm	Laps and Rec Swim 8:30-10pm	Laps, Rec Swim 7:30-10pm	Pool Closes at 9pm			
9:00pm							
9:30pm							
10:00pm							

columbia swim center/splashdown **swim**

EFFECTIVE Jun 22 **Summer Renovations Facility Closed** Aug 6-Aug 15. **NOTE** Schedules may change on the first day of each month. Visit facilities or go to ColumbiaPools.org, and click on Classes for updated schedules. Wading pool is open unless noted in black whenever the pool is open.

NOTE MP=Main Pool PP=Program Pool *DWF=Deep Water Fitness. DWF is free to Package Plan Plus Mbrs, additional fee for PP Mbrs and CA Res Non-Mbrs.

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday														
	MP	PP	MP	PP	MP	PP	MP	PP	MP	PP	MP	PP	MP	PP													
5:30am																											
6:00am	Lap Swim	Masters	Lap		Lap	Masters	Lap		Lap	Masters	Closed	Closed	Closed	Closed													
6:30am	6 Lanes	5:30-6:45am	Swim		6 Lanes	5:30-6:45am	Swim		6 Lanes	5:30-6:45am																	
7:00am																											
7:30am	1 Lane for DWF* from 7-8am	Lap			1 Lane for DWF* from 7-8am	Lap	5:30-9am		1 Lane for DWF* from 7-8am	Lap	Lap	Lap															
8:00am		Swim	5:30-9am			Swim			Swim	Swim	Swim	Swim															
8:30am	DWF*	5:30-9am			DWF*	6:45-9am			DWF*	6:45-9am	1 Lane for DWF* from 8-9am	Lap															
9:00am	8-8:55am				8-8:55am				8-8:55am			Swim															
9:30am		Closed		Closed		Closed		Closed		Closed			Lap	Lap													
10:00am	Lessons,	Aerobics	Lessons,		Lessons,	Aerobics	Lessons,		Lessons,		DWF*		Swim														
10:30am	Laps	9:30-10:25am	Laps		Laps	9:30-10:25am	Laps		Laps		9-9:55am		9-11am														
11:00am	and Rec	Masters	and Rec		and Rec	Masters	and Rec		and Rec		Lessons		1 Lane for DWF* from 10-11am														
11:30am	Swim	10:30-11:45am	Swim		Swim	10:30-11:45am	Swim		Swim		9-11am																
Noon	9am-1pm		9am-1pm		9am-1pm		9am-1pm		9am-1pm																		
12:30pm																											
1:00pm										Closed	Closed	Closed	Closed	Closed													
1:30pm	<h2>Camps and Rentals</h2>																										
2:00pm																											
2:30pm																											
3:00pm																											
3:30pm																											
4:00pm																											
4:30pm	Lap/Rec		Lap/Rec		Lap/Rec		Lap/Rec		Lap/Rec																		
5:00pm	4-5pm		4-5pm		4-5pm		4-5pm		4-5pm																		
5:30pm																											
6:00pm	Lap		Lap		Lap		Lap		Lap																		
6:30pm	Swim	Swim	Swim		Swim	Swim	Swim		Swim																		
7:00pm	5-7pm	Team	Team		Team	Team	Team		Team																		
7:30pm		5-8:30pm	5-8:45pm			5-8:30pm	5-8:45pm																				
8:00pm			Lessons				Lessons		SplashDown	Laps/Rec	Rentals																
8:30pm			6:30-8pm				6:30-8pm		7-9pm	7-9pm																	
9:00pm			Scuba Rental				Scuba Rental		6/4-6/25	6/4-6/25																	
9:30pm																											
10:00pm	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed																	

swim supreme sports club

EFFECTIVE Jun 24-Aug 29, 2010 **Summer Shutdown** Aug 30-Sep 7 **NOTE** Schedules may change on the first day of each month. Visit facilities or go to **ColumbiaPools.org** and click on Classes for updated schedules. Supreme Sports will normally have some lanes available for lap swimming. The Wading Pool is open, whenever the Main Pool is open. Call 410-381-5355 for details. For your health, children under the age of 3 are required to wear swim diapers. Aerobic classes are 55 minutes. Schedules around aerobic classes may be altered by 5 minutes to give the staff time to set up the pool. * 3 lanes available for lap swimming. If the aerobic class has less than 20 participants, a 4th lap lane will be available for lap swimming.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 am							
5:30 am							
6:00 am	Laps	Laps	Laps	Laps	Laps	Closed	Closed
6:30 am	Only	Only	Only	Only	Only		
7:00 am	5-9am	5-9am	5-9am	5-9am	5-9am		
7:30 am						Laps Only	Laps Only
8:00 am						7-9am	7-10am
8:30 am							
9:00 am							
9:30 am		Laps/Rec Swim 9-10am		Laps/Rec Swim 9-10am		Laps/Rec Swim 9-10am	
10:00 am							
10:30 am		Laps*/Aqua Fit 10-11am		Laps*/Aqua Fit 10-11am		Laps*/Aqua Fit 10-11am	Laps*/Aqua Fit 10-11am
11:00 am							
11:30 am	Laps, Camps		Laps, Camps		Laps, Camps		
Noon	and		and		and		
12:30 pm	Rec Swim	Laps, Camps	Rec Swim	Laps, Camps	Rec Swim	Laps, Rec Swim	Laps and Rec Swim
1:00 pm	9am-4pm	and	9am-5pm	and	9am-4:30pm	11am-7pm	11am-5pm
1:30 pm		Rec Swim		Rec Swim			Pool Closes
2:00 pm		11am-5pm		11am-5pm			5pm
2:30 pm							
3:00 pm							
3:30 pm							
4:00 pm							
4:30 pm							
5:00 pm	Laps and Swim Team 4-6:30pm		Laps and Swim Team 5-7:30pm	Laps and Swim Team 5-8:30pm	Laps and Swim Team 4:30-9pm		
5:30 pm		Laps and Swim Team 5-8:30pm					
6:00 pm							
6:30 pm							
7:00 pm	Laps*/Aqua Fit 6:30-7:25pm						
7:30 pm				<i>Masters Outdoors from 7:30-9pm</i>			
8:00 pm	Laps/Masters 7:30-9pm		Laps/Masters 7:30-9pm				
8:30 pm							
9:00 pm							
9:30 pm	Laps Only 9-10pm	Laps and Rec 8:30-10pm	Laps Only 9-10pm	Laps Only 8:30-10pm	Closed		
10:00 pm							

Effective: June 24-September 6, schedule subject to change and the Howard County Public School schedule

Day	Time	Club	Class
Monday	8am	SWC	Deep Water Fitness \$
	9:30am	SWC	Aqua Zumba
	9:30am	Locust	Aqua Fitness moves to Jeffers Hill 8/16
	10am	Hobbit's	Aqua Fitness ends 8/9
	11am	AC	Aqua Arthritis +
	6:30pm	SSC	Aqua Boot Camp
	6:45pm	AC	Aqua Arthritis +
	7pm	Locust	Aqua Fitness moves to Jeffers Hill 8/16
Tuesday	9:30am	Locust	Aqua Fitness moves to Jeffers Hill 8/17
	9:30am	AC	Aqua Arthritis +
	10am	SSC	Aqua Fitness
	12:30pm	AC	Aqua Arthritis Plus +
	6:30pm	SWC	Deep Water Fitness \$
	7pm	Hobbit's	Aqua Fitness moves to Swansfield 8/17
Wednesday	8am	SWC	Deep Water Fitness \$
	9:30am	SWC	Aqua Fitness
	9:30am	Locust	Aqua Fitness moves to Jeffers Hill 8/18
	12:30pm	AC	Aqua Arthritis Plus +
	6:45pm	AC	Aqua Arthritis +
	7pm	Locust	Aqua Running moves to Jeffers Hill 8/18
Thursday	9:30am	AC	Aqua Arthritis +
	9:30am	Locust	Aqua Fitness moves to Jeffers Hill 8/19
	10am	SSC	Aqua Fitness
	6:30pm	SWC	Deep Water Fitness \$
	6:30pm	CG	Aqua Zumba
	Friday	8am	SWC
9:30am		Locust	Aqua Fitness moves to Jeffers Hill 8/20
9:30am		AC	Aqua Arthritis Plus +
10am		Hobbit's	Aqua Fitness ends 8/13
11am		AC	Aqua Arthritis +
Saturday	9am	SWC	Deep Water Fitness \$
	10am	Hobbit's	Aqua Fitness moves to Swansfield 8/21
	10am	SSC	Aqua Fitness
	10am	AC	Aqua Arthritis Plus +
Sunday	10am	SSC	Aqua Fitness
	10am	Hobbit's	Aqua Fitness moves to Swansfield 8/22
	10am	AC	Ai Chi*

Class Descriptions

Ai Chi*

Gentle mind and body exercises in warm water, Package Plan Plus members only, advance registration required.

Aqua Boot Camp

Interval based class with varying intensity and equipment to increase strength and aerobic endurance.

Aqua Fitness

Aerobics, flexibility, and muscle conditioning in shallow water.

Aqua Arthritis +

Gentle exercises to help decrease pain and stiffness. Members free. CA Resident Non-Members with CA Resident card per class fee \$8. Classes are 45 minutes.

Aqua Arthritis Plus +

Gentle exercises from the arthritis format, plus low impact aerobics. Members free. CA Resident Non-Members per class fee \$8 with CA Resident card. Classes are 45 minutes in length.

Aqua Running

High intensity shallow/deep water cardio blast with interval training.

Aqua Zumba

All the fun of Zumba, the intensity of dance movements, with the support and resistance of the water.

Deep Water Fitness Classes \$

Water exercises in the deep end of the pool. Floatation belts available. Free to Package Plan Plus members. Additional fee for Package Plan and CA Resident Non-Members.

AC — Columbia Athletic Club, 410-730-6744

SWC — Columbia Swim Center, 410-730-7000

SSC — Supreme Sports Club, 410-381-5355

CG — Columbia Gym, 410-531-0800

Aqua Fitness Policies

+ Free to Members, CA Resident Non-Mbrs. (with CA Resident Card) \$8 per class.

\$ Additional fee for Package Plan, Club Mbrs, CA Resident Non-Mbrs. Free to Package Plan Plus Mbrs.

Fees Shallow Water Fitness classes are free to Members and at the Daily Admission Rate for CA Resident, Non-Members. An additional fee is required for Deep Water Fitness Classes. Fees subject to change.

Attendance Consistent attendance of ten or more is required for a class to remain on the schedule. The schedule is subject to change.

Inclement Weather All pools will close for thunder and lightning and will remain closed for 30 minutes after the last report of thunder or lightning. Outdoor classes will not be held in the rain or if the temperature is below 68F. Please call the Weather Information Hotline at 410-715-3154 to check status of class.

Classes are 55 minutes unless noted.

Schedule Notes

- Morning classes will be held on Sunday, July 4
- Classes move to different locations beginning August 16
- No outdoor pool classes after Sunday, August 29**
- No Athletic Club classes August 16-29
- Swim Center classes end on Aug 6
- No Supreme Sports club classes August 30-September 6
- Special Memorial Day Class, 11-11:55am, Swansfield
- Special Labor Day Class Sep 6, 10:30-11:55am, Swansfield (\$10 tax deductible donation to Cancer Fund requested, but not required.)

Fees and schedule subject to change.